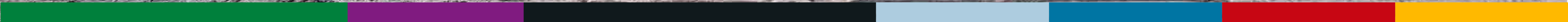


# LISBOA

INVITES YOU!

**WONCA 2025**  
25<sup>TH</sup> WONCA WORLD CONFERENCE  
**17 – 21 SEPTEMBER 2025**  
LISBOA CONGRESS CENTRE – CCL







**LISBOA** is a lively and bustling city with an irresistible offer of numerous leisure and cultural events. Lisboa is always evolving, renewing, and re-inventing itself. As a result, we have a vibrant city that effortlessly blends traditional heritage, with striking modernism creating a city of contrasts and a pure delight to discover at each step. Lisboa, the City where tradition innovates!

Spread across the unique Tagus river, seven hills and overlooking the majestic Atlantic Ocean, Lisboa is a key business center and a top MI (Meetings Industry) destination. A destination like no other, with so much to offer, in a truly diversified setting. Our growing choice of world class venues, hotels and incentive options make Lisboa a smart decision for international events. We invite you to discover Lisboa...



## Lisboa Centro

Dating from the 19th century, Avenida da Liberdade is one of the city's most elegant and bustling areas in Lisboa. The Avenue was projected at the site of the former first public garden in Lisboa back in 1760.

This Avenue is a mecca for shops featuring top national & international brand names, hotels, outdoor cafés and restaurants.

Rebuilt after the 1755 earthquake, the downtown area called Baixa entices visitors to stroll along its wide avenues and to shop at the numerous and mostly traditional retailers. Further up, at Chiado, one will find a cultural hub with theatres, bookshops, shops, art schools and historical cafés.

Rossio square is beautiful especially during springtime with the blossoming purple Jacaranda Trees. From here enjoy a stroll down Rua Augusta, take time to be surprised by the unique views from the top of Rua Augusta triumphal arch or just be dazzled by crossing under this amazing piece of architecture framing the entrance to Terreiro do Paço.

Terreiro do Paço with its 36.000 sqm is one of the biggest squares in Europe. Ribeira das Naus, restaurants with outdoor terraces, the Lisboa Story Centre, the Interpretative Center of the History of Cod, the New South and Southeast Station with River Cruises, make the offer at Terreiro do Paço an attractive leisure and cultural spot and a TOP meeting place in Lisboa.



Ribeira das Naus, the riverfront with beautiful green areas expanding into the Tagus river looking like a veranda. Linking Cais das Colunas, in Praça do Comércio, to Cais do Sodré this area is inviting for sunbathing, resting one's feet after a day of pounding the streets and enjoying Lisboa's light and the best sunset in the world.

Lisboa becomes increasingly iconic, the further you delve into its historic and medieval districts. As you walk along the stone-paved, narrow and often steep streets of Alfama and Mouraria, you are literally transported back in time. Save time to experience Fado music at the Museum or at a local restaurant.

Bairro Alto, Bica and Príncipe Real are neighborhoods opened to the world, to diversity, to the joy of life. The streets are filled with people from all over the world, all ages, creeds and styles.

After warming one's soul it's worth descending to where the partying goes on at the Pink Street.







## Belém and Ajuda

Belém is a symbol of the Portuguese Maritime Discoveries. It was from here that 500 years ago great adventurers set sail to discover the World in their caravels. The UNESCO World Heritage sites of Jerónimos Monastery and Belém Tower, both in Manueline style, enhance the atmosphere with their astonishing architecture.

On a more contemporary note, the Centro Cultural de Belém is renowned for its exhibitions and cultural initiatives. Before visiting the Coach Museum or the Navy Museum with their quite impressive collections, don't forget to stop on the way for a Pastel de Belém, the most popular delicacy of Lisboa.

Make time for visit to the fabulous National Palace of Ajuda, housing the Royal Treasure Museum which includes the Crown Jewels and the Jewelry Treasures, and the extraordinary piece of architecture, MAAT - on the river front.





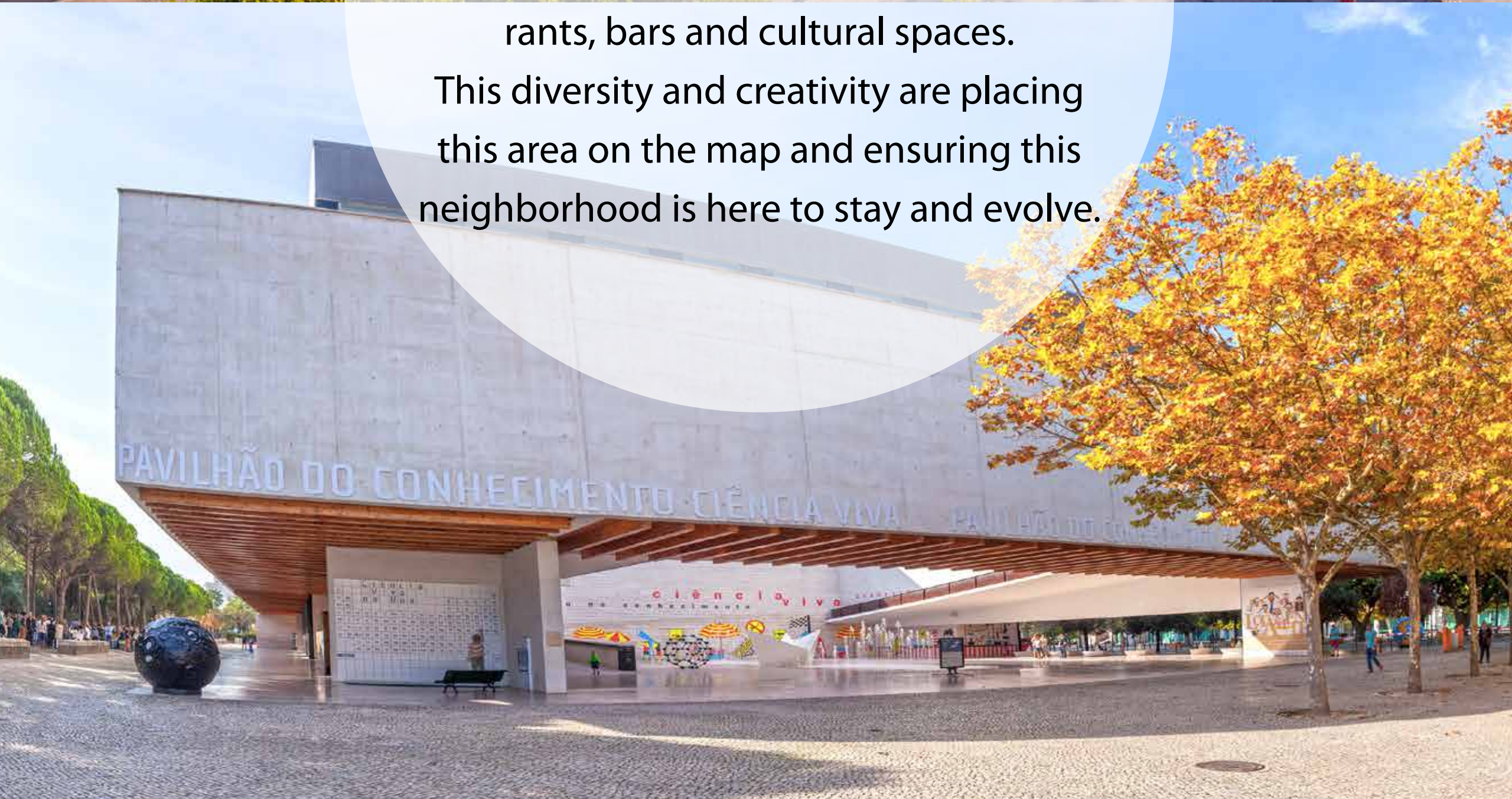
## Lisboa Oriente

Located in the eastern former industrial part of the city, Xabregas, Beato and Marvila are hotspots with warehouses converted into art galleries, start ups, restaurants, bars and cultural spaces.

This diversity and creativity are placing this area on the map and ensuring this neighborhood is here to stay and evolve.

## The Nations Park / Parque das Nações

Rebuilt from the ground up for the Lisboa International Exposition – Expo 98 - this is Lisboa at its most modern. On the east side, contemporary architecture now covers a vast area of urban regeneration on the river front, with a prime location just 5 minutes distance from Lisboa’s International Airport and Vasco da Gama bridge. Site to the magnificent Oriente Train Station, this riverside quarter is a world on its own, waiting to be discovered, including various venues for events, such as the Lisboa Oceanarium, the Knowledge Pavilion, the Altice Arena, the Casino Lisboa, the Marina and many bars and restaurants.





# 30-40 minutes from the city center

## CASCAIS

Cascais has a great diversity to offer with its picturesque town center, marina and beautiful beaches, ideal for water sports. Almost untouched nature is represented here by the Parque Natural Sintra-Cascais, which covers 1/3 of the total area of Cascais. The green landscape, the dunes and the view over the ocean are the perfect combination for some of the best golf courses in Portugal. In addition to its beaches, cultural activities, the Casino do Estoril, museums and other regular events define the many layers of Cascais.



## SINTRA

Classified by UNESCO as a Cultural Landscape on the World Heritage List, Sintra has inspired artists and poets throughout its history. A trip up to the Serra de Sintra will take you to Palácio da Pena, the finest example of Portuguese romantic architecture. Enjoy a trip back in time, on foot or in a horse-drawn carriage, and discover lush gardens full of secrets and the magic charm of this mysterious town. Quinta da Regaleira estate and Palace are a must. Right in the center of Sintra is the Palácio da Vila, frequently enveloped in the enigmatic mist characteristic of the area's microclimate. Sintra is an illustrated fairy tale with sublime landscapes, unique nooks and an experience that you won't find anywhere else in the world. A veritable work of art created by nature and people.





## MAFRA

Mafra is marked by the grandeur of the Palácio Nacional, built during the 18th century, the most important symbol of Baroque architecture in Portugal and declared UNESCO World Heritage site.

The novel "Baltasar and Blimunda" – Memorial do Convento by Nobel Prize in Literature Portuguese author – José Saramago, was inspired by the history of this former Convent. The building also includes one of the most important European libraries and the basilica has six historical pipe organs and two carillons, composed of 98 bells.

## TEJO

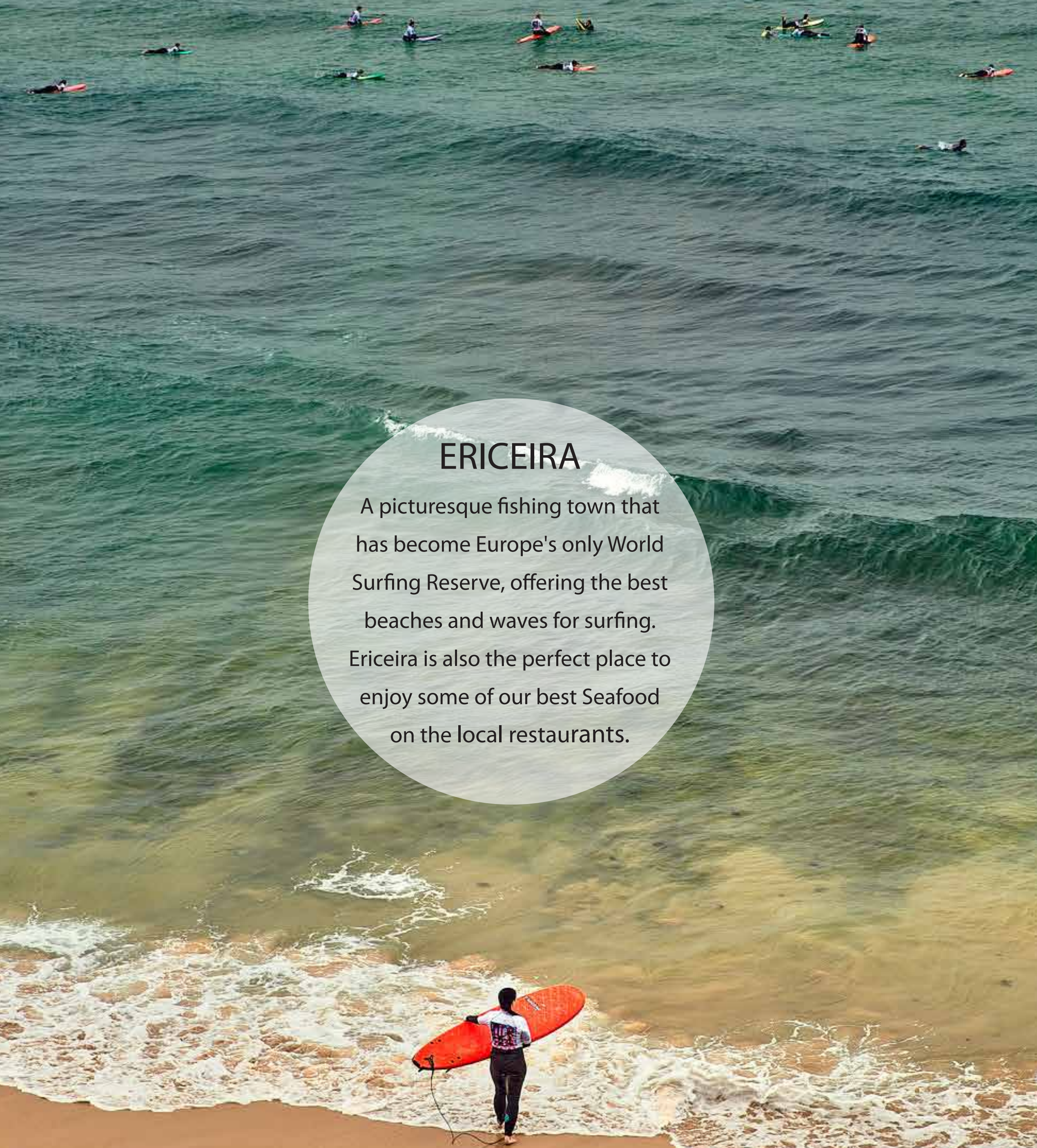
The Tejo River is one of Lisboa's most striking features, thanks to the freshness and light it bestows on the city. You can feel the tight link between the city and the river as you travel along the waterfront.

The vast basin of the Tagus estuary is renowned for its culture and traditions associated with the river and horses. In the estuary, fishermen ply their trade and, on land, the tradition of bulls and horses remains strong.

The Tagus Estuary Nature Reserve, the largest wetlands in the country and one of the most important in Europe, is the habitat for countless fish, crustaceans and, above all, birds that stop off here during their migration to the south. For this reason, this area is increasingly attractive to birdwatchers.

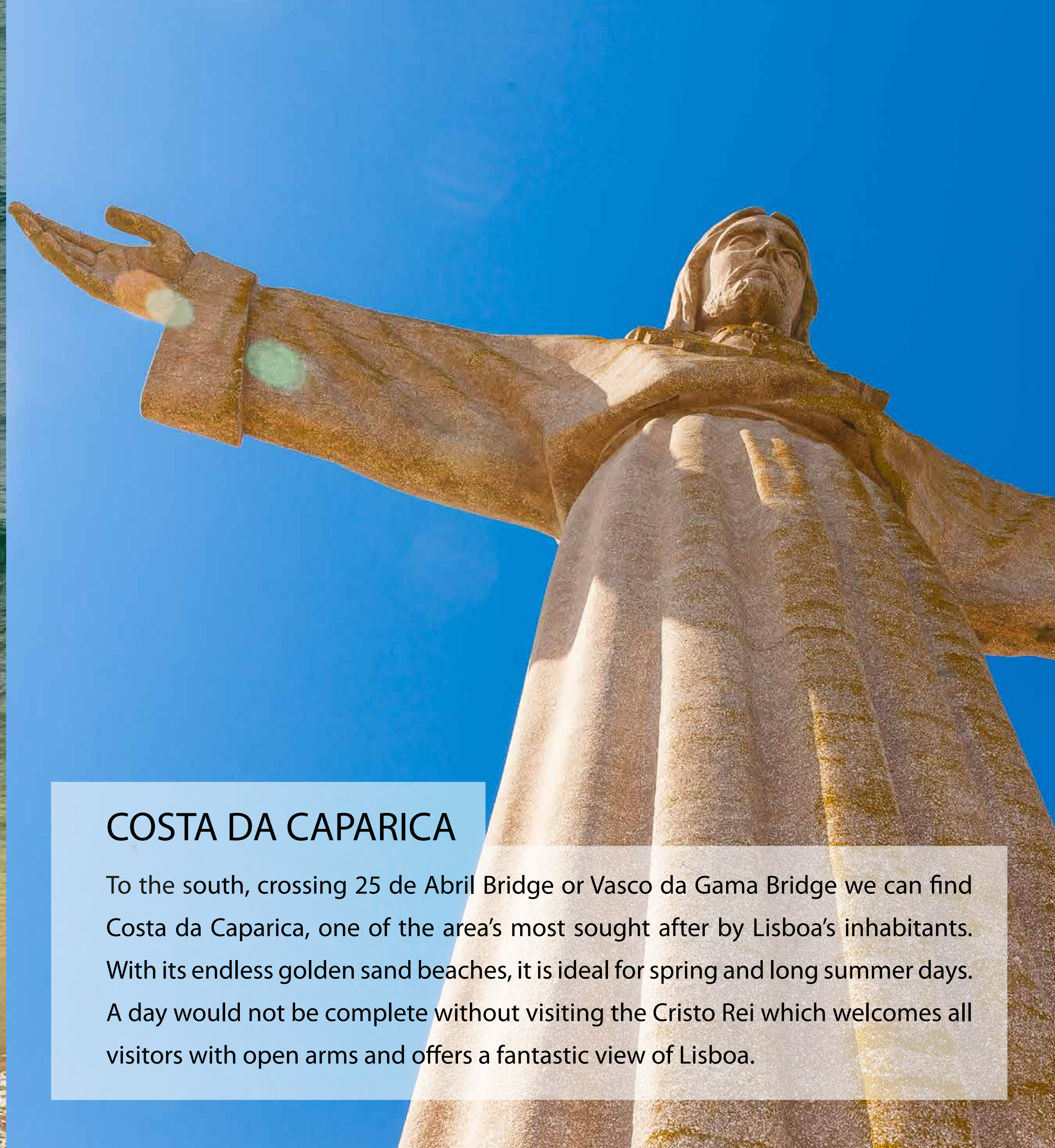






## ERICEIRA

A picturesque fishing town that has become Europe's only World Surfing Reserve, offering the best beaches and waves for surfing. Ericeira is also the perfect place to enjoy some of our best Seafood on the local restaurants.



## COSTA DA CAPARICA

To the south, crossing 25 de Abril Bridge or Vasco da Gama Bridge we can find Costa da Caparica, one of the area's most sought after by Lisboa's inhabitants. With its endless golden sand beaches, it is ideal for spring and long summer days. A day would not be complete without visiting the Cristo Rei which welcomes all visitors with open arms and offers a fantastic view of Lisboa.



An aerial photograph of the Arrábida mountain coastline. The mountain is covered in dense green forest and has a rugged, cliff-like appearance. A sandy beach curves along the base of the mountain, with several people and small structures visible. The water is a vibrant turquoise color, and a small, dark rock island is situated in the middle of the bay. In the distance, a city skyline is visible across the water. The sky is clear and blue.

## ARRÁBIDA

Further south is the unique landscape of the natural Park of Arrábida mountain, a place where nature and sea blend and blur.

The Sado Estuary will impress you with the preservation of the natural surroundings and may even surprise you with a visit from dolphins, provided you are not completely sidetracked by the flamingos.

In either Sesimbra or Setúbal, you will have no difficulty in finding somewhere superb to eat.

Setúbal's bay is classified as one of the most beautiful in the World.

This area also has a Wine Route, which takes in the wines of Palmela and the Moscatel of Setúbal.



# Only in Lisboa

## FADO, the song of Lisboa

Classified as Intangible Cultural Heritage of Humanity by UNESCO since November 2011, Fado is the purest expression of Lisboa's "soul".

The internationalization of Fado is greatly due to the charisma and the voice of Amália Rodrigues, the most renowned Fado singer of all time, who from the 1950's took Lisboa's song to the most prestigious venues, all over the world. More recently, a new generation of singers /Fadistas have given the song a new vitality, placing it in the circuits of World Music.

## GASTRONOMY & WINES

Lisboa is very rich in flavors, being our gastronomy quite similar to the Mediterranean diet and featuring a wide variety of healthy, colourful and aromatic dishes. Due to the proximity of the Atlantic Ocean, there's a great diversity of fresh fish and seafood. Bacalhau (salted codfish) is the king, but grilled sardines rule during the Santos Populares and all summertime, the "Bica" (as we call the small coffee) is a must and the roasted chestnuts rule during autumn.

To drink, nothing like the vast choice of Portuguese wines, reds, whites, roses and the sparkling wines known as espumantes.

Thanks to our fresh products high quality, the local cuisine has become cherished worldwide, from Michelin Stars to traditional gastronomy, from innovative to high end menus - all can be experienced in Lisboa.







## AZULEJOS/GLAZED TILES x STREET ART x CALÇADA

City walls and Cobbled pavement are an art canvas. The perfect backdrop for Portuguese tile-making where the eras, styles and resistance to the passing of time are clearly visible. Lisboa has many stunning facades, from antique panels to more modern work, every neighborhood of Lisboa is a new added discovery. The Metro is an art gallery showcasing the azulejos tile panels from many artists. If you are interested in modern art, we invite you to take a trip around the Lisbon Metro using the LISBOA card.

Portuguese Calçada - Let your feet walk on – and your eyes savor – the unique patterns. Using limestone and basalt, this is placed by hand by skilful craftsmen (calceteiros), the patterns vary providing Lisboa with history and tales at every step.

Street art is part of Lisboa's identity. The city is known as one of Europe's most important capitals in this respect, and there are many reasons – and works – for it to have earned this distinction. In the neighborhoods, on the streets, on murals and even on the pavement, you can find works by many recognized national and international artists, such as Bordalo II, Vhils and Styler amongst others.





## SHOPPING IS AN ORIGINAL WAY TO DISCOVER LISBOA

Whether you prefer large shopping centers, outlets with the best deals or more traditional shopping streets, there's plenty to choose from. The Downtown is the traditional shopping area par excellence. Some Historical shops are a must and have survived more than 3 centuries.

For those who are fans of flea markets Lisboa also offers Feira da Ladra, held every Tuesday and Saturday.



## NIGHTLIFE

There is no shortage of suggestions for happy places to enjoy Lisboa's night, either at the historical quarters, at rooftops, overlooking the beach, or at the river front, just to name a few.



## GOLF

Lisboa is a Golfing destination paradise. Over 23 golf courses can be found not far from each other. Here, golfers will find the very best golfing conditions: a mild climate all year-round and top-notch courses – the only difficulty is selecting one.





# Useful Information

## People & Language

Around 3 million people live in the metropolitan area. Portugal's official language is Portuguese. Derived from Latin roots, Portuguese is the third most spoken European language in the world, with around 250 million speakers.

## Climate

The average temperature during the winter is 17°C (62°F) and in the summer 26°C (79°F).

## Passport and Visas

A valid passport (or identity card for European Community nationals) is required. Visas are not necessary for citizens of EU countries, UK, USA, Canada and the majority of countries. Please contact your local Portuguese Embassy, Consulate or your Travel Agency for further information.

## For extra Information we invite you to visit:

[www.visitlisboa.com](http://www.visitlisboa.com)

[www.facebook.com/visitlisboa](https://www.facebook.com/visitlisboa)

[www.twitter.com/TurismodeLisboa](https://www.twitter.com/TurismodeLisboa)

[www.youtube.com/user/VisitLisboa](https://www.youtube.com/user/VisitLisboa)

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Free access to public transport, museums and monuments. Discounted admission to sights of interest.



## Tourist Offices Ask Me Lisboa



Points of tourist information - Ask me Lisboa - are located in strategic areas and One can get specialized assistance and suggestions for the best Lisbon experience.

**INFOLISBOA** Call **800 500 503** and international + **351 210079347**

**ASK ME Lisboa**  
**Aeroporto de Lisboa**  
Arrivals, Lisbon Airport

**ASK ME Lisboa**  
**Palácio Foz**  
Praça dos Restauradores

**ASK ME Lisboa**  
**Cais do Sodré**

**ASK ME Lisboa**  
**Terreiro do Paço**  
Praça do Comércio

**ASK ME Lisboa**  
**Belém**  
• Mosteiro dos Jerónimos  
• Jardim Vasco da Gama

**ASK ME Ericeira**  
Praça da República

**ASK ME Centro Tejo**  
Estação Sul e Sueste

**ASK ME Sintra**  
• Sintra Mitos e Lendas  
• NewsMuseum

**ASK ME Arrábida**  
Travessa Frei Gaspar

For more Information on the other points, please visit  
<https://www.visitlisboa.com/en/c/tourist-offices>